

## What is Clinic Plus?

Clinic Plus is a confidential, early recognition and intervention program funded by the New York State Office of Mental Health and operated locally by clinic treatment providers.

Clinic Plus joins with families, early childhood providers, schools, pediatricians, and youth development programs to facilitate the early recognition of emotional issues, provide effective interventions, and promote social and emotional wellness of children and families in New York State.



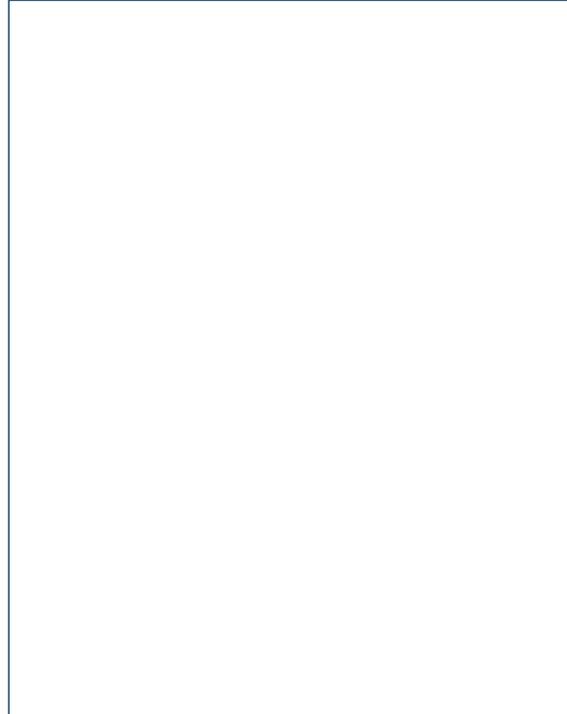
Clinic Plus is a confidential, early recognition and intervention program for children in New York State funded by the

**New York State  
Office of Mental Health**

Michael F. Hogan, Ph.D.  
Commissioner



**For more information, please contact:**



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# What you should know about...

# Clinic Plus

A confidential, early recognition  
and intervention program  
for children in  
New York State



## What does Clinic Plus offer families?

**Screening:** with parental consent, a free and confidential service to check your child's emotional development; it may take place in a school, health center or another location in the community

**Assessment:** as needed and comprehensive, to identify needs and strengths of both child and family

**In-home treatment:** flexible and convenient, to make sure interventions work in "real-world" settings like at the dinner table

**Expanded clinic services:** easier access to traditional clinic services

**Evidence-based treatment:** interventions that have been shown to work

## Clinic Plus will work with you to:

- Check on your child's emotional development
- Provide access to treatments that work at a time and place that is convenient for your family
- Keep your child on track in your home, school and community

## Why Clinic Plus?

Social and emotional development colors every aspect of a child's life and sets the stage for a strong foundation for later development.

Clinic Plus is designed to be proactive and systematic in recognizing emotional health issues earlier in children. Clinic Plus engages families with flexible, culturally relevant services that have been shown to be effective. Research tells us that if we can identify and intervene early, we are more likely to:

- keep issues from affecting emotional, intellectual, or physical development
- provide relief from symptoms earlier rather than later, and possibly prevent long-term problems
- improve school performance and personal relationships with family and friends

Children can and do recover from emotional challenges, particularly when they are identified early.

## Where can I learn more about Clinic Plus?

Clinic Plus is available across New York State. Contact your local mental health department for more information. Information about Clinic Plus is also available online at the Office of Mental Health's Clinic Plus website at:

[clinicplus.org](https://www.clinicplus.org)