

WHY CHILD AND  
FAMILY CLINIC  
PLUS?

The pressure is on for schools to meet student performance targets. We know that solid student performance is associated with children who come to school regularly, are on task, and ready to learn. Emotional health issues can affect how well children do in school, how they relate to family members, and their ability to make friends.



WHERE CAN I  
LEARN MORE  
ABOUT CLINIC  
PLUS?

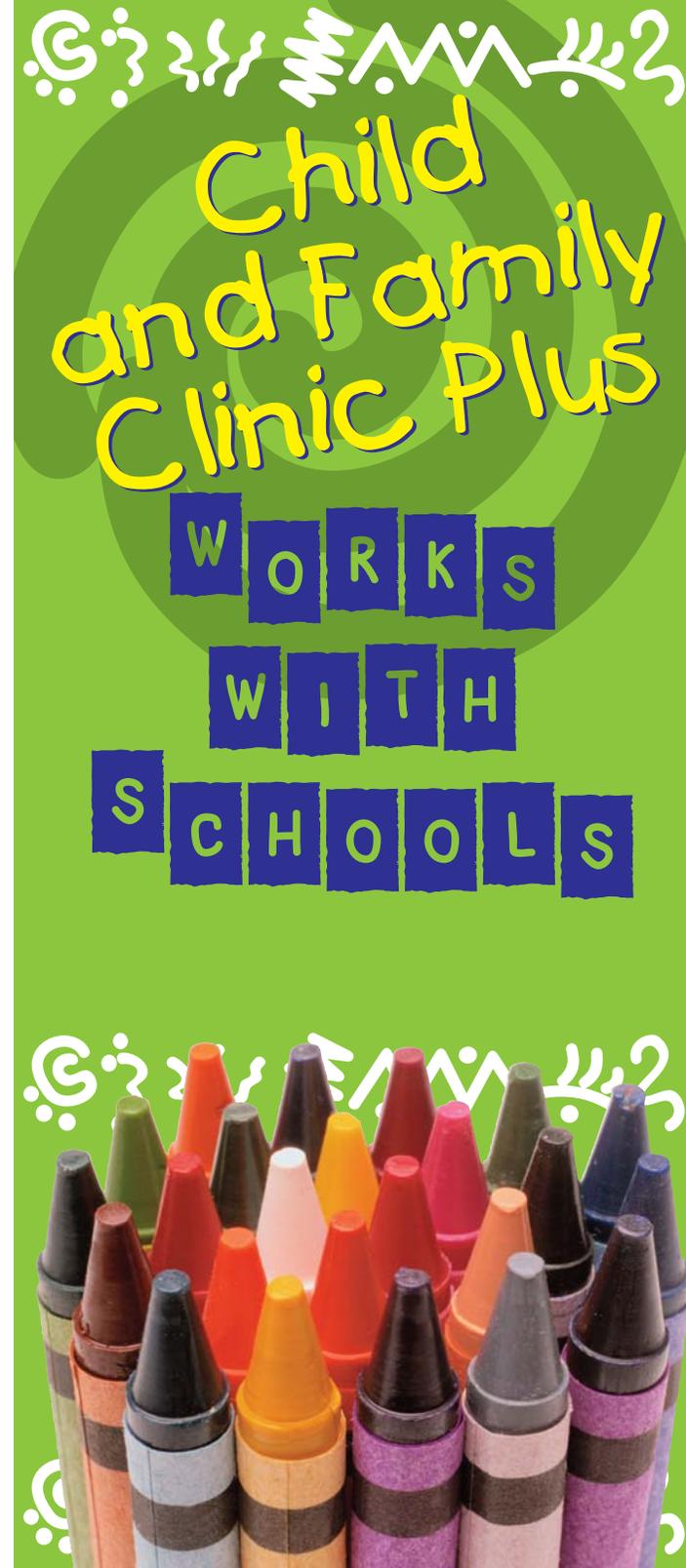
Contact your local mental health department.

Information on Child and Family Clinic Plus is also available online at the New York State Office of Mental Health's Clinic-Plus website at [clinicplus.org](http://clinicplus.org)

New York State  
David A. Paterson  
Governor

Office of Mental Health  
Michael F. Hogan, Ph.D.  
Commissioner

David J. Woodlock  
Deputy Commissioner,  
Children and Families



# Clinic Plus

can help schools find answers and provide the supports that schools and families need when children are identified as in need of mental health treatment. Just as importantly, we partner with schools and families to screen children for early signs of emotional issues. While some children may be identified by their families, friends, and teachers as needing help, many are still growing up with untreated emotional health needs. Clinic Plus is designed to be proactive and systematic in recognizing emotional health issues early in children and engaging families with flexible, culturally relevant services that have been shown to be effective. Research tells us that if we can identify and intervene early, we are more likely to:

- ⦿ keep issues from affecting emotional, intellectual, or physical development;
- ⦿ provide relief from symptoms earlier rather than later, and possibly prevent long-term problems; and
- ⦿ improve school performance and personal relationships with family and friends.

## WHAT IS CHILD AND FAMILY CLINIC PLUS?

Clinic Plus is a confidential, early recognition and intervention program funded by the New York State Office of Mental Health and operated at a local level by a Clinic Treatment Provider.

Screening is voluntary and is available only with the signed consent of the parent/guardian. The results of screening and recommendations for follow-up are shared only with the parent, unless they request that this information be shared with others.

## CHILD AND FAMILY CLINIC PLUS OFFERS:

**Screening:** in natural settings like schools, health centers, and other community locations to reach children early who may have emotional needs

**Assessment:** comprehensive and as needed to identify needs and strengths of both child and family

**In-home services:** flexible and convenient, to make sure interventions work in "real-world" settings like at the dinner table

**Expanded clinic services:** easier access to traditional clinic services when necessary

**Evidence-based treatment:** interventions that have been shown to work