

WHY CHILD AND FAMILY CLINIC PLUS?

Today, teens are confronted with more choices than ever before. Some of these choices can have life-long consequences, some positive and some negative. Child and Family Clinic Plus can help your child become successful at home, in school and in the community. Child and Family Clinic Plus will strengthen a teen's ability to:

- ① Develop a healthy sense of self;
- ① Respond positively to challenges;
- ① Gain a sense of purpose; and
- ① Steer a healthy course for the future.

WHERE CAN I LEARN MORE ABOUT CLINIC PLUS?

Information about Child and Family Clinic Plus is available online at the New York State Office of Mental Health's Clinic-Plus website at clinicplus.org

For more information contact:

New York State
David A. Paterson, Governor

Office of Mental Health
Michael F. Hogan, Ph.D.
Commissioner

David J. Woodlock
Deputy Commissioner,
Children and Families

New York State
omh
Office of Mental Health

CHECK IN
WITH YOUR TEEN THROUGH:

Child and Family Clinic Plus



To do list

- Clothes
- Sneakers
- School Supplies
- Annual Physical
- Hearing Screening
- Vision Screening
- Emotional Health Screening



DID YOU KNOW?

Your child's emotional health can affect how well they do in school, their ability to "get along" with friends and family, and their ability to bounce back when faced with life's setbacks. Checking on your child's emotional health is important, just as important as having their vision and hearing tested or their yearly physical exam with your family doctor.

Sometimes it is hard to know if your child's emotional development is on track. To help you with this, Child and Family Clinic Plus is making available a simple list of questions that either the parent or the child (depending on their age) can complete. This list of questions, or screening, will be looked at by a professional who will let you know if a more detailed assessment of your child is recommended. Screening is important, because the earlier you know that your child has

an emotional health need, the sooner you can take action. We know from experience and science that children can and do recover quickly from emotional challenges, particularly when they are identified early.

CHILD AND FAMILY CLINIC PLUS WILL WORK WITH YOU TO:

- ☉ Identify if your child has emotional needs;
- ☉ Provide access to treatments that work at a time and place that is convenient for your family; and
- ☉ Keep your child on track in your home, school and community.

WHAT CHILD AND FAMILY CLINIC PLUS CAN OFFER YOUR FAMILY...

Respect... parents are provided with information and support. Parents decide when and if their child is screened, who has access to their child's information, and when and where they receive services.

Help... to get your child back on track. Working together, we will identify children with emotional needs as early as possible. This will be followed with the best possible treatment and support that is available.

Screening is available at no cost. If your child has a need to see a specialist at the Child and Family Clinic-Plus program, there may be a charge. All Child and Family Clinic-Plus programs take Medicaid and other insurance payments. No one is turned away regardless of their ability to pay.